The Congress of Future Medical Leaders is an honors-only program that is designed to motivate and direct the top students in the United States. Specifically, it's designed for students aspiring to become physicians or medical researchers, and provides a path and mentorship for students to accomplish their goals.

To be considered for acceptance as a delegate, applicants are either recommended by a teacher or member of the Academy based on a proven track record of academic excellence. Delegates represent all 50 states plus Puerto Rico, and must have a minimum 3.5 GPA. Students like Loyd who qualify for this incredibly selective honor exemplify top-tier diligence and academic talent.

Mr. Speaker, Beau Loyd has displayed the ability to not only excel in the classroom, but to balance his interests in science and medicine with his athletic endeavors as an athlete. I urge my colleagues to join me in congratulating him for this achievement. On behalf of Missouri's Seventh Congressional District, I wish Beau the best of luck in all his future endeavors.

IN RECOGNITION OF MR. RICHARD HERRICK

HON. RICHARD E. NEAL

of massachusetts In the house of representatives $Thursday,\ May\ 19,\ 2016$

Mr. NEAL. Mr. Speaker, I rise today to recognize a truly outstanding constituent in the field of health care, Richard Herrick of Lenox, Massachusetts. Mr. Herrick has been selected this year as one of the recipients of the prestigious Joe Warner Patient Advocacy Award. The American Health Care Association/National Center for Assisted Living (AHCA/NCAL) bestows this annual award on Association members who have worked diligently to educate Members of Congress about the needs of long term care patients and residents, and to advance quality in the long term and post-acute care community.

Mr. Herrick's commitment to improving long term care continues today as the President and CEO of the New York Health Facilities Association, Inc. (NYSHFA) and the New York State Center for Assisted Living, representing over 350 skilled nursing and assisted living facilities.

At the national level, Mr. Herrick serves on the Board of Governors of the American Health Care Association and on their Business Management Committee. He also serves as President of the Affiliated State Health Care Association Executives. Mr. Herrick is past member of AHCA's Council of States and Board of Directors of the National Center for Assisted Living. AHCA/NCAL is the nation's largest association of professional long term health providers.

Prior to joining New York Health Facilities Association, Inc., Mr. Herrick spent seven years as President and COO of Wingate Health Care, Inc., which operates seven nursing facilities in Massachusetts and three in New York. Mr. Herrick is active on the Boards of Berkshire Healthcare Systems which operates 19 skilled nursing facilities and Berkshire Place located in Pittsfield, Massachusetts. He is the past chairman of the Board of the Massachusetts Senior Care Association.

The award presentation will take place during the AHCA/NCAL Congressional Briefing on May 23rd. Mr. Speaker, please join me in recognizing and thanking Richard Herrick for his years of dedication and care to our nation's frail, elderly and disabled. His career and life accomplishments truly reflect the ideals embodied in the Joe Warner Patient Advocacy Award.

IN RECOGNITION OF MARY SHIPP HARROW AND MARTHA SHIPP AVERETT

HON. SANFORD D. BISHOP, JR.

OF GEORGIA

IN THE HOUSE OF REPRESENTATIVES Thursday, May 19, 2016

Mr. BISHOP of Georgia. Mr. Speaker, I rise today to extend my sincerest congratulations and Happy Birthday wishes to Mrs. Mary Shipp Harrow and Mrs. Martha Shipp Averett, both of whom will celebrate their 100th birthday on Saturday, July 2, 2016. On that special day, the sisters will be honored with a birthday celebration at the Columbus Georgia Convention & Trade Center in Columbus, Georgia.

The identical twins were born on July 2, 1916 in Cusseta, Georgia to the late Martha Walker Shipp and the late Quilbert Pinchback Shipp. They were raised in a Christian home where the twins were the oldest of eight children. From an early age, the sisters were active in their community and in their first church home, Harmony Baptist Church in Cusseta, Georgia. They completed their primary and secondary education in the Chattahoochee County School District.

Mrs. Averett was married to the late Reverend Jessie Averett, Sr. and is the mother of six daughters: Geraldine Parris, Lucy Mae Baldwin, Essie Francis, Amanda Thornton, Ida Mae Boykins, and Martha Ann Patterson; and four sons: Jessie Averett, Jr., James Averett, Jeffrey Averett, and the late John Henry Averett. She has 21 grandchildren, 28 greatgrandchildren, and 2 great-great-grandchildren. Mrs. Averett remains in the Cusseta community and is a dedicated and faithful member of Saint Paul CME Church.

Mrs. Harrow was married to the late Isaac Daniel Harrow, Sr. and is the mother of five daughters: Evelyn Gash, Christine Jones, Pauline Talley, Beverly Caldwell and Gerri Jones; and two sons: the late Isaac Harrow, Jr. and the late Marion Harrow. She is the grandmother of 21 grandchildren, 30 greatgrandchildren, and 12 great-great-grandchildren. Mrs. Harrow is a dedicated and faithful member of Galilee Baptist Church in Columbus, Georgia.

Mahatma Gandhi once said, "Where there is love there is life." Mrs. Harrow and Mrs. Averett are a true testament that giving and receiving great love has resulted in long and prosperous lives. Their legacy is a love for God, a love for family, and a love for each other.

The race of life isn't given to the swift or to the strong, but to those who endure until the end. Mrs. Averett and Mrs. Harrow continue to run the race of life with grace and dignity and God has blessed them over their lifetimes.

Mr. Speaker, I ask my colleagues to join me today in honoring these devoted sisters, beloved matriarchs, and outstanding women of

faith, Mrs. Mary Shipp Harrow and Mrs. Martha Shipp Averett, as they, their families and their community prepare to celebrate their 100th birthday.

TRIBUTE TO CASSIDY WAGNER

HON. DAVID YOUNG

OF IOWA

IN THE HOUSE OF REPRESENTATIVES $Thursday,\ May\ 19,\ 2016$

Mr. YOUNG of Iowa. Mr. Speaker, I rise today to recognize and congratulate Cassidy Wagner for being named Southwest Iowa Regional Academic All-State Standout by the Des Moines Register. Cassidy is a senior at West Central Valley High School.

Each year, the Des Moines Register editors ask lowa high school officials to nominate seniors for this honor. They choose only those students that stand out among their peers for achievements in academics, community involvement and leadership. Cassidy exemplifies all that is right about lowa's well-rounded students.

Mr. Speaker, Cassidy Wagner is an Iowan who has made her school and her community very proud. She has worked hard and dedicated herself to being a great student and a good citizen. It is with great honor that I recognize her today. I ask that my colleagues in the U.S. House of Representatives join me in honoring Cassidy for this award and wish her continued success in all her future endeavors.

MARSHALL HIGH SCHOOL TRACK STATE CHAMPIONS

HON. PETE OLSON

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES

Thursday, May 19, 2016

Mr. OLSON. Mr. Speaker, I rise today to congratulate the Thurgood Marshall High School track and field team for winning the University Interscholastic League (UIL) 5A state track championship for the second year in a row.

The Marshall Buffalos were led to victory by their coach Llovd Banks. Their overall score of 52 points outperformed the competition by a substantial 16 points. Junior sprinter Shamon Ehiemua helped lead his team to success by defending his state title in the 200-meter dash with a time of 20.62 seconds. In addition to Ehiemua's efforts, teammate John Isom placed fifth in the 400-meter dash with a time of 48.19 seconds. Teammates Cedarian Lynch, Ehiemua, Jarmaiz Whitaker and Isom were awarded a gold medal in the 4x100meter relay with an astounding time of 40.13 seconds. Their win is even more impressive considering runner Jeremy Smith was recovering from a foot injury during the relay.

On behalf of the Twenty-Second Congressional District of Texas, congratulations again to the Fort Bend Marshall Track and Field Team for winning the 5A state track championship for the second time. Thank you for bringing this championship title back to Fort Bend County.